

2019
Fall Hitting
Under the Lights Session 2
@ The University of West Florida

The Fall Hitting Camp is a great chance for players in grades 8-12 to stay in shape and get hitting instruction from the UWF coaching staff. In addition, it will be a great opportunity for potential student-athletes to see the University and interact with the UWF coaching staff. We will cover hitting and break down each players swing at Jim Spooner Field. This camp will cover all the basics of having a complete swing and we will take batting practice under the lights on the field and get to use the new UWF Hitting Facility. West Florida has recently had some of its best years offensively, 2010 2011, and 2016 marks two of the top three offensive seasons since 1995. The Argos set marks in RBI's, runs scored, and batting average on its way to their 1st NCAA National Championship. In 2013 UWF lead the GSC in Homeruns and ranked 2nd in homeruns for a season. In 2018 season the Argonauts put up the best year offensively since the 2011 National Championship season with a .317 batting average, 377 runs, and 101 doubles. The entire camp will be held at Jim Spooner field on the campus of University of West Florida. This is a SELECT event. Only 20 players admitted to the camp. Entry is 1st come, 1st serve. The camp will be run on Monday nights; time of the camp will be 6:00pm until 8:00pm starting **Wednesday October 23rd – December 4th (Skipping Thanksgiving Week)**. Please e-mail this form back to kbrown1@uwf.edu to confirm your spot at the camp. Slots are filling up fast so please do not wait until the last minute.

This year we will also offer the opportunity to provide Diamond Kinetic Metrics. The first session and 6th session will include using the bat knob sensor to provide you with information regarding your swing including metrics like "Max Barrel Speed, Applied Power, Hand Speed, ETC). We will measure two times within the camp.

\$155 (6 sessions) (\$175 w/ Diamond Kinetic Readings) (Wednesday Nights)
For more information, please contact Assistant Baseball Coach Kyle Brown at kbrown1@uwf.edu or 850-261-1669

Make Checks out to: Mike Jeffcoat

Mail to: Mike Jeffcoat
60 Blithewood Dr.
Pensacola, FL 32514

Name _____ High School _____
Graduation Yr _____ E-mail _____
Phone# _____

In consideration of my participation in and the use of the University of West Florida premises or facilities, I hereby release and covenant not to sue the owner of the premises (releasees), shareholders, directors, officers, employees, representatives, agents, affiliates and lessees from any and all claims resulting from any physical injury that may occur to me while participating in any program or event sponsored by West Florida Baseball Skills Academy.

I HAVE READ AND FULLY UNDERSTAND THE ABOVE RELEASE/WAIVER AND FULLY UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING THIS WAIVER VOLUNTARILY.

Parents or guardians must sign if applicant is UNDER 18.

Parent/ Guardian Name (print): _____

DATE: _____

Parent/ Guardian Signature: _____

DATE: _____

Adult Participant Name (print): _____

DATE: _____

Adult Participant Signature: _____

DATE: _____